



After School Club Descriptions

2026 Semester 1, Primary School



CREATIVE



Advanced Drawing Skills

This club is designed for students who already have a strong interest in drawing and are eager to take their skills to the next level. Under the guidance of expert illustrator **Julian Höret**, students will engage in guided, hands-on practice aimed at refining technique, exploring advanced concepts such as perspective, shading, and composition, and developing a unique artistic voice. This club is for students who are already passionate about drawing and wish to further refine their skills.



Asian Art



In the Asian Art Club, we learn the fundamentals of two impressive types of ink painting: the vibrant, colourful Chinese ink technique and the minimalist Japanese sumi-e technique, which relies on sweeping black brushstrokes and the dynamic exploration of space. Themes include bamboo, flowers, animals, and landscapes. They will also undergo exciting three-dimensional projects such as Origami and Kirigami, where cutting is permitted in addition to folding the paper.



Beautiful Book Illustrations - Study & Draw



The main goal of this club is to encourage a love of reading while simultaneously developing participants' artistic skills and creativity. By the end, students will have created their own individual portfolios. Books will be introduced in English and German and then a chapter or key event will be selected for students to illustrate using a range of techniques such as coloured pencils, acrylic painting, collage, pop art, appliqué and more.



Cartooning

The Cartooning Club is for students who are interested in creating stories, characters, and comics. Each lesson is planned for both new and experienced cartoonists and creators. No drawing experience is required, only a willingness to unlock your creativity! Cartooning club is run by out resident Illustrator **Julian Höret**.



Ceramics, Sculpture & Printing



The Art Club program changes every semester and provides advanced foundational knowledge in visual arts through weekly, age-appropriate lessons led by a professional artist. This semester, we will explore ideas with clay, build three-dimensional sculptures and learn creative printing techniques. These projects differ to those covered in the regular art curriculum. The art club fosters students' fine motor skills and three-dimensional thinking, stimulates their imagination, and provides them with valuable opportunities for self-expression.



Dance Mix

Join our Dance Mix Club and learn the different foundations of street dance, such as HipHop and Dancehall. Under the instruction of experienced teachers, a world of cool dance moves is waiting to be discovered. We will work on different steps, movements, create different choreographies but also make some time for dance games. We would be very happy if you join the club and enjoy an exciting time of dance, discovery and fun with us!



DJ & Music Production

A STEM activity for music lovers. Students step behind real DJ equipment, remix tracks, experiment with music production software, and explore different genres and styles. Prime Youth provides professional DJ gear for every student, every session. No experience needed, just curiosity. By the end of the program, students will have produced and performed an original or remixed track of at least two minutes.



Graffiti with Julian

In this club children can unleash their creativity and learn the basics of graffiti, under the guidance of **Julian Höret**, a professional Illustrator and Graphic Novelist! Click his name to see examples of his work. Students will start at the beginning learning the basic principles of design, colour theory, drawing techniques. They will learn about the work of famous artists before eventually moving on to spraying onto the wall!



Graffiti with Prime Youth

Street art meets studio skill. Students sketch their own tags and murals, learn letterforms and composition, then practice safe spray-painting techniques on dedicated surfaces. From complete beginners to students who already love to doodle, everyone leaves with something they're proud of. By the end of the programme, students will have designed and executed a finished graffiti piece on a dedicated surface, demonstrating control of letterform, colour blocking, and composition, and be able to explain their creative choices



Make & Draw NEW!

The Make & Draw Club is for students who love drawing, making, and creating with their hands! In each session, children will combine drawing with simple craft techniques to create their own bookmarks, paper toys, stickers, collages, and more. Every project is a chance to experiment with colours, shapes, and materials in a new way.



Needlework / Sewing

The Needlework Club is for all those who like to work with textiles. We will develop various needle work skills, such as embroidery and sewing. There are many opportunities to experience and enjoy how an idea can be transformed into concrete reality through one's own hands. We will create textile collages, pillows, cuddly toy animals, dolls, and other similar items. The Sewing Club is a more advanced course. Hand-sewing and the sewing machine are the primary methods that will be used. Those who already have experience in sewing are able to further develop their knowledge and learn the basics of tailoring. Alongside various accessories, we create simple items of clothing and upcycle older clothes to create something new out of them.



Photography

The Photography Club is for both beginners and more advanced students and trains students in the basics of photography. It will provide answers to questions such as "How does a camera work? How do I set up composition and how can I create the perfect portrait?" Aside from thematic work, students will learn about studio photography, photo essays, different genres of photography and how to tell a story with pictures. Important: students from Grade 3 - 6 will only achieve these goals if they bring their own digital camera to the club. iPads can be used to allow participation but do not have any of the necessary functionality.



Poetry, Rap & Songwriting NEW!

From spoken word to freestyle bars to full songs, this is about finding your voice and using it. Students write, perform, and refine their work in a space where every style of expression is valid and every story matters. By the end of the course, students will have written and/or performed at least two original pieces in front of the group.



Show Dance

Show Dance is a high-energy, performance-focused dance style that blends jazz, musical theatre, and commercial dance into one dazzling package. In this club, students will learn dynamic choreography, stage presence, and expressive movement, all set to popular music and theatrical numbers. All experience levels welcome, just bring your energy and passion!



Table Top Role Play Games

No screens, just imagination, dice, and a whole lot of teamwork. Students are guided through all the key components of TTRPGs: world-building, character creation, improvisation, problem-solving, and collaborative storytelling. Together they craft a unique fantasy world where characters work through a series of adventures toward a shared goal. By the end of the program, students will have built a shared fantasy world and played through a complete multi-session campaign with a beginning, middle, and resolution, taking turns in both player and storyteller roles.



Theatre & Acting

This dynamic class is designed to boost your confidence, ignite your imagination, and bring out the actor in you. In a fun and supportive environment, you'll work with a professional actor and teacher, exploring key elements of acting such as mime, improvisation, character development, and storytelling. These activities will help enhance your creativity, communication, and collaboration skills. Whether you're a beginner or have some experience, this class offers an exciting opportunity to grow as an actor and unlock your full potential on stage.



Young Chef

Tiny hands, big flavours. Grade 1 students learn to cook real food, safely, creatively, and with pride. Each session is hands-on from start to finish, including the eating part. By the end of the course, students will be able to independently prepare a simple dish from scratch (e.g. pasta with tomato sauce or a seasonal soup), following a recipe, using basic kitchen tools safely, and serving it to others.

ALBA Basketball

This Basketball Club is organised and offered in cooperation with ALBA Berlin and is intended for students who are interested in playing and developing their skills in Basketball. ALBA coaches will contribute their professional expertise, experience, and proven training methods. Some students will also have the opportunity to play games in the "ALBA School League" and meet professional players from the actual Bundesliga-Team.

Ballet & Dance

At the Ballet & Dance Club, everything revolves around the world of dance. It gives children the opportunity to immerse themselves in ballet, dance theatre, improvisation and pantomime. Basic ballet movements form the basis for all dance and artistic dancing. The skills learned are useful for all forms of dance, such as jazz, contemporary and hip hop. With exercises on the floor or barre from classical exercise, the children learn the important footwork and the different positions. Step sequences in the diagonal, jumps and stretching work complete the lesson content. Short choreographies are designed to evoke a feeling for dance movement and, above all, to develop a love of dance.

Break Dance NEW!

Led by 3x World Breaking Champion B-Boy Lou.Ease, Break Dance Club is a fun, energetic after-school program where kids explore the origins of breaking culture, hip-hop artistry, and foundational break dance moves. With more than 20 years of experience performing, battling, and instructing around the world, B-Boy Lou.Ease brings a wealth of knowledge across multiple dance styles. Each session combines beginner-friendly skills, creative routines, choreography and teamwork.

Boxing

Through age-appropriate drills, games, and fitness activities, children will build strength, coordination, focus, and confidence. They'll learn basic techniques such as footwork, stance, and controlled punching using pads. Perfect for kids who love to move, stay active, and try something new!

Capoeira

Capoeira combines dance, music, acrobatics, and fighting in a playful way. Within this club, students can learn cool movements to perform in rhythm with Afro-Brazilian music. Capoeira is not only fun, but also improves endurance, balance, speed, and concentration. If participating in this club, there is the opportunity to buy the Mestre Cangaru branded t-shirt. This is optional. There may also be opportunities to obtain a Capoeira belt by participating with a Master at a weekend event, however these are also optional, not necessary to participate in the club and not run by BMS.

Chess

There are three chess clubs, a beginner, improving beginning and the BMS Team. The beginner club is for students with limited to no prior knowledge of chess and helps them develop the fundamentals of the game. The improving beginner group is for students that have already begun to develop their skills and knowledge of chess. It will focus on refining their game play and use of strategies. Players who show advanced skill will be invited to play in the BMS Chess Team. They will represent BMS at tournaments with other schools.

Floor Gymnastics

This club offers children an excellent opportunity to train the body in a versatile way and keep it flexible. Fun in movement is at the forefront of all exercises. Beginning with warm-up exercises, the entire body is mobilised. The motto of this club is versatility, to strengthen the body comprehensively, to keep it flexible and to challenge its coordination. The focus is on endurance, strength, speed, flexibility and coordination.

Football Advanced

This course is designed for students with prior football experience who are looking to further develop their conditioning, technical abilities, and tactical understanding of the game. Through focused training sessions, students will refine their skills, enhance their fitness levels, and learn advanced strategies to elevate their performance on the field. Additionally, some students will have the chance to showcase their talents by representing the BMS Hawks Team in league games and tournaments, gaining valuable competitive experience.

Football Beginner

This club is for students who are starting to develop their football skills. In a friendly and supportive environment, students will learn the basics of dribbling, passing, shooting, and teamwork while building an understanding of the game's rules and strategies. With a focus on skill-building, fair play, and inclusion, this club helps students improve their abilities, build confidence, and develop a love for the sport, all while having fun and making new friends.

Girls Rugby

In this club, you'll learn the basics of rugby, a fast-paced team sport that's all about teamwork, strength, and strategy. Don't worry if you've never played before, no experience is needed! We'll start with simple drills and games to build up your skills step by step. You'll learn how to pass, catch, and move with the ball, safe tackling techniques and how to fall correctly, team strategies and how to work together and the rules of the game and fair play. We focus on fun, fitness, and friendship. Whether you're competitive or just looking to try something active and exciting, this club is the perfect place to get moving, build confidence, and discover what you're capable of.

HAWKS Basketball Team

The BMS Hawks Basketball Team is selected during trials at the beginning of each school year. The selections will be based on skills, fair play and respect. The aim of this team is to provide students who are passionate about basketball and have developed a high skill level to advance to the next level through targeted, systematic training. There will be advanced lessons on dribbling, shooting, passing, conditioning and a deeper knowledge of the game of basketball. This club will challenge you to become an overall better player, while having lots of fun experiencing different activities and of course playing real games. The aim is to let you have fun first and foremost, and also to learn camaraderie with teammates and how to become part of a team! Students in this club will also have the opportunity to play games in the "ALBA Grundschulliga" and potentially meet professional players from the actual Bundesliga-Team.

Introduction to Kung Fu

The Kung Fu Club offers students in Grades 1 and 2 a structured and age-appropriate introduction to martial arts. The focus is on learning through movement, play, and clear routines that support both physical and personal development. Martial arts at this age help children develop body awareness, coordination, balance, and posture. At the same time, they encourage important social and emotional skills such as respect, self-control, patience, confidence, and the ability to follow rules within a group.

- The first 6 classes function as an introductory phase. After this period, children who decide to continue in the club will receive their first Kung Fu belt.
- Kung Fu training traditionally uses a uniform that represents the school and the values of the practice. To build a sense of community and ensure students have clothes that enable a full range of motion, there is the option to purchase the trousers and t-shirt. The uniform is optional, children may also participate wearing comfortable sports clothing, together with their belt.

Kung Fu

Style: Praying Mantis (Taiji Meihua Tang Lang Quan - Master Sun Deyao)

Traditional Kung Fu is a self-defense practice that develops physical conditioning, discipline, and balance. Join us for a dynamic and interactive Kids' Kung Fu and Self-Defense club. We offer a safe and supportive environment to learn essential self-defense and traditional techniques, respecting each individual's developmental stages. We aim to empower children with crucial skills while fostering confidence and personal safety. No prior experience is necessary, just come ready to learn and have fun!

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Parkour

Parkour athletes, borrowed from the French word „Le Traceur“, move through urban areas in the fastest and most efficient way possible while negotiating obstacles by running, jumping, and climbing. On the other hand, Free Runners place more focus on acrobatic tricks and playful interaction with their environment. This club is suitable for beginners and starts with the basic moves of both sports, such as the Parkour Roll and the Wall Run. As students further develop their skills, they will begin learning advanced moves such as various types of jumps and vaults, as well as more acrobatic moves such as the Backflip or a Palmspin. In this club, students will broaden their personal, physical and mental limits, as well as grow in confidence.

Table Tennis

This club is all about having fun, making new friends and challenging yourself with new opponents. We know there are a lot of keen Table Tennis players in the BMS Community. Whether you're a beginner or already love table tennis, everyone is welcome!

Digital Art

In this exciting and hands-on club, students will dive into the world of digital creativity using Adobe Creative Cloud tools such as Photoshop, Illustrator, and more. Guided by the principles of great design like balance, contrast, color, and typography. Students will learn how to create eye-catching posters, logos, digital art, and more. Through fun, project-based learning, they'll build technical skills, explore their artistic voice, and gain confidence using professional design software in a supportive, age-appropriate environment. Perfect for young creators ready to turn their ideas into digital masterpieces!

Future Coders & Creators

Discover the digital world, unleash your creative potential and have a lot of fun with other children! In this club, young learners get to explore a wide variety of exciting topics while playfully learning the basic principles of computational thinking, creative coding and mastering challenges with different robotic systems. By the end of the course, the children will have navigated different challenges and will have a better understanding of digital tools and how to use them creatively. Furthermore, they will develop important future skills, such as collaboration, teamwork, problem-solving skills, resilience and frustration tolerance.

Minecraft Explorers

In this club, students will use Minecraft as a creative and collaborative tool, building structures, solving design challenges, and working in teams to complete projects with real constraints and goals. By the end of the course, students will have planned and built a complete themed project in Minecraft (e.g. a functioning village or working redstone machine), presenting it to the group with an explanation of their design decisions.

Minecraft Coding (Advanced)

More than just building, students use Minecraft Education to tackle real-world challenges, collaborate on group projects, and develop future-ready skills through immersive, curriculum-linked worlds. Coding is built in: students use in-game programming tools to automate builds, solve logic puzzles, and think computationally. It is creative, structured, and genuinely prepares students for a digital future. By the end of the course, students will have completed at least one coded build using in-game programming tools, collaborated on a group design challenge, and be able to explain the systems thinking behind their project.

Science Lab

Part experiment, part discovery lab. Students get messy, curious, and genuinely surprised. From bubble volcanoes to chemical reactions, science becomes something you do, not just read about. Learning objective: By the end of the programme, students will be able to design a simple experiment independently, identify variables, record results, and explain what happened and why.

Young Engineers - Brick Builders

At Bricks Builders Club, students embark on an inspiring journey into the world of physics and engineering through hands-on building and experimentation. Each session combines creativity with real-world STEM principles, as children BUILD, EXPERIMENT, TEST & PLAY with innovative mechanical and technological models. Every model is constructed using LEGO-compatible bricks and features functional, moving parts that bring advanced mechanical engineering concepts to life. Through guided projects and collaborative problem-solving, students develop critical thinking, teamwork, and engineering skills, while gaining early exposure to advanced engineering concepts, preparing them to become tomorrow's innovators and problem-solvers.

Young Engineers - STEM Explorers

Bricks Builders Club - STEM Explorers is a chance for younger students to explore real-world STEM concepts through BUILDING, UPGRADING, TESTING & PLAYING with the mechanical models. Each model will be constructed using LEGO compatible bricks and will feature moving, functional parts - offering an engaging way for kids to experience engineering concepts firsthand. From "Why do wheels spin?" to "How does a crane lift heavy loads?", we turn curiosity into knowledge and play into powerful learning.



French Beginner

This club is open to beginner-level French-speaking students. The goal of our French Club is for students to develop a sense of the language and to learn to speak French step-by-step. We train receptive, productive, and interactive faculties that are age and level appropriate. Focusing on role-playing allows us to do intensive learning and retaining, directly training in various real-life situations. With a clear purpose defined together, students deeply engage with the language.



Turkish Intermediate to Advanced

This club is proudly offered by the Turkish Embassy and is tailored for students with an intermediate to advanced level of Turkish proficiency. In this course, students will have the opportunity to deepen their understanding of the Turkish language through engaging lessons that focus on advanced grammar, vocabulary expansion, and conversational fluency. Additionally, the course will explore various aspects of Turkish culture, including its rich history, traditions, literature, and arts, providing students with a well-rounded learning experience. This club is an excellent opportunity for students to strengthen their language skills while gaining a deeper appreciation for the vibrant culture of Turkey.



Mandarin Beginners

Are you interested in learning a new language? Are you interested in the rich culture and language of China? Then this might be the club for you! This club is designed for beginner students with no prior knowledge of Mandarin. The goal of this club is for students to collect their first experience with Chinese language and culture. For this club students will be required to purchase the book 'Wir Lernen Chinesisch – Kursbuch 1'. We also have a limited number of copies that we lend out. This helps to structure the learning and enables students to work on their learning at home.



Mandarin Intermediate to Fluent

The intermediate to fluent level club is designed for more advanced students with prior knowledge of Mandarin and students who either speak Chinese natively or students who have learnt Mandarin Chinese in Chinese-language regions of the world such as Mainland China, Hong Kong, Taiwan, Singapore, or even at home. The goal of this club is for students to further broaden and develop their experience with Chinese language and culture.



Model UN Club

In this club Grade 6 students will have the opportunity to work closely with the Secondary school to take an in-depth look at what is happening in the world today and consider ways to solve these pressing global issues. Students will learn about the UN system, countries' domestic and foreign policy interests, multilateral diplomacy and current events. Students will improve their research and analytic skills, develop their public speaking and democratic skills, and make new friends along the way. This course will be led by two secondary students and the content will be supervised by Katja Malinowski. Katja has been successfully leading the Model UN course for secondary students for several years.



German Beginners

You think German is boring and difficult? It doesn't have to be that way! With me you'll learn lots of new words and discover that German can also be fun! We play, paint, do handicrafts, listen to music, watch short videos, work on small projects and talk to each other - all in German!



Spanish Beginners to Intermediate

This action-based course emphasizes student participation through creativity and imagination and provides children the basic skills to communicate in Spanish in a fun and interactive environment. This club is aimed at beginner to intermediate Spanish speakers.

How do I sign up for clubs?

Sign up for clubs is done at the beginning of each semester on the website SOCS. This can be accessed by logging in to Toddle. An email with all the details will be sent close to the opening dates.

How many clubs can my child attend?

Each child can be a member of 2 clubs, plus 1 language club. Sometimes an additional club is offered if the club is very low on numbers.

How long does my child stay registered in the club?

The clubs run for the whole year. There will be a chance to leave your club and sign up for a new one for Semester 2, providing there are spaces available.

What happens if my child does not get their 1st choice?

We aim to make sure all students are allocated at least one of their first choices. If they are given a second choice, they can go on a waiting list and you will be contacted if a space opens up.

Can my child change clubs if they don't like theirs?

We ask everyone to commit to attending at least 3 sessions before they decide they don't like the club. Change to a new club is only possible if there is space in the new club. Changes can be made by emailing club@metropolitanschool.com.

What if my child cannot attend as a one off?

If your child attends school but will not stay for their club, please email club@metropolitanschool.com to let us know. If your child has more than 3 unauthorised absences, their place will be offered to another student.

Do you offer 1:1 musical instrument lessons?

These can be arranged by contacting the music school we have a cooperation with.

International Musikschule Berlin

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