



## CCEP PROGRAM OVERVIEW - BOOK YOUR CLUB ON SEPTEMBER 8, 2019

Please find a detailed description of the clubs on our website: [www.metropolitanschool.com](http://www.metropolitanschool.com)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ART</b>	<b>Needlework for Beginners (Grade 2 - 3)</b> 4:00pm - 5:30pm	<b>Art Club 5 (Grade 4 - 6)</b> 3:30pm - 4:30pm	<b>Art Club 1 (Grade 1)</b> 3:30pm - 4:30pm	<b>Art Club 3 (Grade 2)</b> 3:30pm - 4:30pm	<b>Art Workshop - Fine Motor Skills (ELC)</b> 3:00pm - 4:00pm
	<b>Theater &amp; Acting (Grade 4 - 6)</b> 4:00pm - 5:45pm	<b>Cartooning 1 (Grade 2 - 3)</b> 3:30pm - 4:30pm	<b>Art Club 2 (Grade 1)</b> 4:30pm - 5:30pm	<b>Art Club 4 (Grade 2 - 3)</b> 4:30pm - 5:30pm	
		<b>Cartooning 2 (Grade 4 - 5)</b> 4:30pm - 5:30pm	<b>Art Workshop - Famous Artist (ELC)</b> 3:00pm - 4:00pm	<b>Ballet Club (Grade 1 - 3)</b> 3:45pm - 4:45pm	
		<b>Drama - Scenic Play (Grade 7 - 11)</b> 4:00pm - 5:45pm	<b>Photography Club 1 (Grade 1 - 3)</b> 3:30pm - 4:30pm	<b>Cartooning Masterclass (Grade 7 - 11)</b> 4:00pm - 5:30pm	
		<b>Hip Hop 1 (Grade 1 - 2)</b> 3:45pm - 4:45pm	<b>Photography Club 2 (Grade 4 - 6)</b> 4:30pm - 6:00pm	<b>Creative Writing (Grade 6 - 9)</b> 4:00pm - 5:30pm	
		<b>Hip Hop 2 (Grade 3 - 4)</b> 4:45pm - 5:45pm	<b>Sewing (Grade 4 - 6)</b> 4:00pm - 5:30pm	<b>Hip Hop 3 (Grade 5 - 6)</b> 3:45pm - 4:45pm	
		<b>Smartphone Film Club (Gr. 7 - 10)</b> 4:00pm - 5:45pm		<b>Hip Hop 4 (Grade 7 - 12)</b> 4:45pm - 5:45pm	
			<b>Modern Dance (Grade 4 - 6)</b> 4:45pm - 5:45pm		
<b>SPORT</b>	<b>ALBA BMS 3 Basketball (Grade 7 - 10)</b> 3:45pm - 4:45pm	<b>Capoeira 1 (Preschool - Grade 1 &amp; 2)</b> 3:45pm - 4:45pm	<b>BMS Chess Team</b> 3:30pm - 4:30pm	<b>ALBA BMS Basketball 1 (Grade 1 - 3)</b> 3:45pm - 4:45pm	<b>Soccer Boys (Grade 3 - 6)</b> 4:45pm - 5:45pm
	<b>Cheerleading (Grade 5 - 12   Mixed)</b> 4:45pm - 6:00pm	<b>Capoeira 2 (Grade 3 - 6)</b> 4:45pm - 5:45pm	<b>BMS Open Chess Club</b> 4:30pm - 5:30pm	<b>ALBA BMS Basketball 2 (Grade 4 - 6)</b> 4:45pm - 5:45pm	<b>Soccer Girls (Grade 3 - 6)</b> 3:45pm - 4:45pm
	<b>Cross Country 1 (Grade 3 - 6)</b> 3:30pm - 5:00pm	<b>Chess Club 1 (Grade 1 - 6)</b> 3:30pm - 4:30pm	<b>Gymnastics 1 (Preschool - Grade 2)</b> 3:45pm - 4:45pm		<b>Table Tennis Primary 1 (Grade 3 - 6)</b> 3:45pm - 4:45pm
	<b>Yoga 1 (Grade 1 - 2)</b> 3:45pm - 4:45pm	<b>Chess Club 2 (Grade 1 - 6)</b> 4:30pm - 5:30pm	<b>Gymnastics 2 (Grade 3 - 6)</b> 4:45pm - 5:45pm		<b>Table Tennis 2 (Grade 7 - 12)</b> 4:45pm - 5:45pm
	<b>Yoga 2 (Grade 3 - 5)</b> 4:45pm - 5:45pm	<b>Cross Country 2 (Grade 7 - 12   Mixed)</b> 4:00pm - 5:30pm	<b>Sailing (BYC - Wannsee) (Age 8 - 10)</b> 3:00pm - 7:30pm		
		<b>Parkour (Grade 4 - 7)</b> 3:45pm - 5:45pm	<b>Soccer 1 (Preschool - Grade 1   Mixed)</b> 3:45pm - 4:30pm		
		<b>Skateboarding (Grade 2 - 6)</b> 3:30pm - 5:45pm	<b>Soccer 2 (Grade 1 - 2   Mixed)</b> 4:30pm - 5:30pm		
		<b>Soccer Men (Grade 7 - 12)</b> 5:30pm - 6:30pm			
<b>MARTIAL ARTS</b>	<b>Woo!Zen Basics 1 (ELC)</b> 3:15pm - 4:00pm   Chimosa	<b>Woo!Zen Basics 2 (ELC)</b> 3:30pm - 4:15pm	<b>Woo!Zen Grappling 1 (Grade 1 - 2)</b> 3:30pm - 4:30pm	<b>Woo!Zen Kickboxing 1 (Grade 1 - 2)</b> 3:30pm - 4:30pm	<b>Woo!Zen Basics 3 (ELC)</b> 3:30pm - 4:15pm
	<b>Woo!Zen Kickboxing 3 (Grade 3 - 6)</b> 4:00pm - 5:00pm	<b>Woo!Zen Kids Boxing 1 - beginner (Grade 3 - 6)</b>   4:15pm - 5:15pm	<b>Woo!Zen Grap. 1 (Yellow Belt) (Gr. 1 - 2)</b> 3:30pm - 4:30pm	<b>Woo!Zen Kickboxing 1 (Yellow Belt) (Grade 1 - 2)</b>   3:30pm - 4:30pm	<b>Woo!Zen Boxing 2 - beginner (Grade 7 - 12)</b>   4:15pm - 5:15pm
	<b>Woo!Zen Kickboxing 2 (Yellow Belt) (Grade 3 - 6)</b>   4:00pm - 5:00pm	<b>Woo!Zen Kids Boxing 1 - intermediate (Grade 3 - 6)</b>   4:15pm - 5:15pm	<b>Woo!Zen Grappling 2 (Grade 3 - 6)</b> 4:30pm - 5:30pm	<b>Woo!Zen Kickboxing 2 (Grade 3 - 6)</b> 4:30pm - 5:30pm	<b>Woo!Zen Boxing 2 - intermediate (Grade 7 - 12)</b>   4:15pm - 5:15pm
			<b>Woo!Zen Grap. 2 (Yellow Belt) (Gr. 3 - 6)</b> 4:30pm - 5:30pm	<b>Woo!Zen Grappling 3 (Grade 7 - 12)</b> 4:30pm - 5:30pm	
<b>STEM</b> <small>(Science, Technology, Engineering, Mathematics)</small>	<b>Creative Coding (Grade 3 - 4)</b> 4:30pm - 5:45pm	<b>Deep Sea Explorers (Grade 5 - 6)</b> 3:30pm - 5:00pm	<b>Astro Explorer (Grade 3 - 4)</b> 4:30pm - 6:00pm		
	<b>Coding (Grade 5 - 6)</b> 4:00pm - 5:30pm	<b>Digital Workshop 2 (Grade 1 - 2)</b> 3:15pm - 4:30pm	<b>Science Explorers (Grade 1 - 2)</b> 3:15pm - 4:15pm		
	<b>Digital Workshop 1 (Grade 1 - 2)</b> 3:15pm - 4:30pm	<b>LEGO Mindstorm (Grade 4 - 5)</b> 4:00pm - 5:30pm	<b>Science Lab 1 (Grade 1)</b> 3:30pm - 4:15pm		
	<b>Science Lab A (ELC)</b> 3:15pm - 4:00pm	<b>Making (Grades 3 - 4)</b> 4:30pm - 5:45pm	<b>Science Lab 2 (Grade 2)</b> 4:15pm - 5:00pm		
	<b>Science Lab B (ELC)</b> 3:15pm - 4:00pm	<b>Science Lab C (ELC)</b> 3:15pm - 4:00pm	<b>XLab (Grade 6 - 9)</b> 4:00pm - 5:30pm		
	<b>The Kids Brain Method 1 (Grade 1 - 2)</b> 3:15pm - 4:15pm	<b>Science Lab D (ELC)</b> 3:15pm - 4:00pm			
	<b>The Kids Brain Method 2 (Grade 3 - 4)</b> 4:25pm - 5:25pm				
<b>LANGUAGES</b>	<b>German 2 (Grade 3 - 4)</b> 3:30pm - 4:15pm	<b>German for parents 1 (Advanced B1+)</b> 4:30pm - 6:00pm	<b>French Club 1 (Grade 2 - 6)</b> 3:45pm - 4:35pm	<b>German 1 (Grade 1 - 2)</b> 3:15pm - 4:00pm	
	<b>German for Parents (Intermediate A2)</b> 5:15pm - 6:45pm	<b>Spanish Club 1 (Grade 2 - 6)</b> 3:30pm - 4:30pm	<b>French Club 2 (Grade 2 - 6)</b> 4:45pm - 5:35pm	<b>German for parents (Beginner A1)</b> 4:30pm - 6:00pm	
	<b>German for parents Conversation (B1 - C1)</b>   6:00pm - 7:30pm	<b>Spanish Club 2 (Grade 2 - 7)</b> 4:30pm - 5:30pm	<b>Mandarin Chinese 3 - (Native Speakers, All Grades)</b> 3:45pm - 5:15pm	<b>French Club Secondary School</b> 4:00pm - 4:50pm	
	<b>Mandarin Chinese 1 (Grade 2 - 6)</b> 3:45pm - 4:30pm			<b>Mandarin Chinese 4 (Grade 7 - 12)</b> 3:45pm - 4:30pm	
	<b>Mandarin Chinese 2 (Grade 2 - 6)</b> 4:30pm - 5:15pm			<b>Mandarin Chinese 5 (Grade 7 - 12)</b> 4:30pm - 5:15pm	
<b>CLUBS</b>	<b>Philosophy (Grade 7 - 11)</b> 4:00pm - 5:30pm			<b>Model UN (Grade 7 - 11)</b> 4:00pm - 5:00pm	
	<b>SDG Action Club (Grade 7 - 12)</b> 4:00pm - 5:00pm				